Health coverage that benefits you and your employees

Aetna Preferred Penn Highlands Healthcare Plan
An Aetna Health Network Only℠ plan

Offering the right health plan can make all the difference to your employees. We want to provide health benefits that help build healthier communities across Pennsylvania. One of the ways we are doing that is by offering a health benefits plan in collaboration with Penn Highlands Healthcare.
A health plan that covers your employees
Together with Penn Highlands Healthcare, we’re working to make health care simpler for you and your employees by:
• Lowering premium costs over broad network offerings
• Delivering better results through our relationships with physicians
• Offering a simple, more connected experience

National company, local presence
We’re committed to being part of healthy communities.
• Over 1,900 employees live and work in the region.
• More than 300 customer service representatives are in western PA.

Network access
The Aetna Preferred Penn Highlands Healthcare plan includes the services of:
• Over 3,500 local providers
• Penn Highlands Healthcare (Brookville, Clearfield, DuBois and Elk) and University of Pittsburgh Medical Centers (UPMC)

Aetna Pharmacy Management makes prescription management easier
Our pharmacy management program helps simplify the prescription process. Members can:
• Get access to major retail pharmacies:
  - Large pharmacy network
  - Convenient mail-order pharmacy and specialty drug services
  - Easy and cost-effective ways to obtain medicine
• View drug costs and prescription history on our secure member website

Health benefits plans are offered and/or underwritten by Aetna Health Inc. (Aetna).
This managed care plan may not cover all of your health care expenses. Read your contract carefully to determine which health services are covered. To contact the plan if you are a member, call the number on your ID card; all others, call 1-888-98-AETNA (1-888-982-3862).
This material is for information only. Health benefits plans contain exclusions and limitations. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Discount programs provide access to discounted prices and are NOT insured benefits. The member is responsible for the full cost of the discounted services. If you are in a plan that requires the selection of a primary care physician and your primary care physician is part of an integrated delivery system or physician group, your primary care physician will generally refer you to hospitals and specialists that are affiliated with the delivery system or physician group. iTriage is a free mobile app from Aetna. Information on iTriage is general in nature and is not intended and should not be used to replace the advice of a health care professional. Network provider information may be limited. Information is believed to be accurate as of the production date; however, it is subject to change.

Contact your broker to discuss how our products and solutions can work for your employees.

A health plan that covers your employees
While only your doctor can diagnose, prescribe or give medical advice, the Informed Health Line nurses can provide information on more than 5,000 health topics. Contact your doctor first with any questions or concerns regarding your health care needs.

Informed Health Line® — provides phone access to a nurse 24/7
Aetna Navigator® secure member website — provides claims history, benefits information and the ability to print an ID card
Teladoc® services — 24/7 access to affordable medical care by phone and online video consultations
DocFind® online directory — search for doctors, hospitals and other providers
Aetna Mobile app — gives access to health information for members wherever they go
iTriage® health care app — a unique Symptom-to-Provider™ pathway lets users search symptoms, conditions, and treatment options and helps them determine the most appropriate level of care
Ask Ann virtual assistant — guides members through the secure member website
Wellness-related services that can deliver results:
- Wellness programs designed to help keep members healthy
- Flu shots, counseling for tobacco cessation, weight loss and health screening results at participating QCare Clinics and The Clinic at Walmart (DuBois)
- Discounts on services such as gym memberships, acupuncture and much more

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